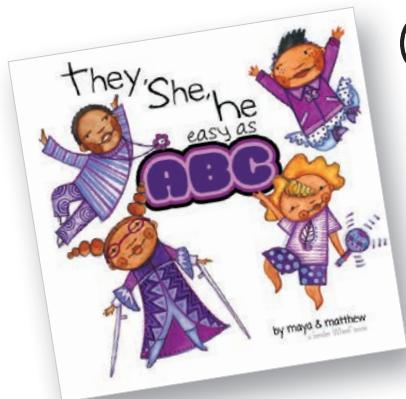


My Alphabet Page: Celebrating Uniqueness & Individuality



PURPOSE:

- Inspire an attitude of playfulness
- Encourage self-exploration
- Breakdown gender stereotypes



HOW TO HOLD:

When reading the book and exploring the art project, model playful curiosity.

This is not about teaching a lesson so much as providing a container for self-exploration. An attitude of exploration allows kids to come to their own understanding of self and accept who they are as natural and valuable, outside of rigid roles and definitions. It also makes room for natural fluidity. Play and relaxation naturally help dismantle gender stereotypes and assumptions.



SPACES THAT HEAL:

Creating more gender inclusive spaces can happen immediately regardless of how confident you are in discussing gender and pronouns.

How? Be curious.

It's OK not to have all the answers.

Be present with the kids and learn alongside them. This communicates volumes.

If questions come up, the bottom line is that we know that everybody is valuable and everybody belongs.

For additional resources to develop confidence, you may wish to view:

- A Story About Pronouns: www.genderwheel.com/story-about-pronouns
- The Pronoun Protocol: www.pronounprotocol.org
- 10 Tips for a More Genderfull World: www.genderwheel.com/10tips

ACTIVITY:

Have students create their own alphabet pages similar to the book to share about themselves

WHAT YOU NEED:

- » Children's Book: *They, She, He easy as ABC*
- » Alphabet Page Handout for each student (see page 3 of lesson plan or download at: genderwheel.com/abc-page) OR blank paper
- » Art Materials! - Pencils, Markers, Crayons...
- » OPTIONAL: ABC Video series with Maya Gonzalez (www.genderwheel.com/abc-demo)

My Alphabet Page Lesson Plan: Celebrating Uniqueness & Individuality

PROCESS:

1. Read *They, She, He easy as ABC* to students. Set a playful, curious tone from the beginning. Don't focus on gender. Ask open questions that draw kids in. *What hairstyles would you like to have? What clothing style? Are there kids that remind you of yourself?*
2. After reading the book, provide each student with either an Alphabet Page Handout (see next page of lesson plan) or a blank sheet of paper.
3. Use the book as a model and have students put the first letter of their name in the top left corner.
4. Encourage students to write two simple sentences about how they like to dance or what they like using their name and pronoun (if they use one) in a similar format to the book.
5. For older kids, you may wish to view the 4 part video series with Maya to learn more about rhythm and rhyme and the different steps to make the art as well as some behind-the-scenes looks at the book: www.genderwheel.com/abc-demo
6. Students can then create a drawing of themselves illustrating what they wrote. For additional support in creating the art, you can offer students the handout on page 4 to show the individual steps to create a drawing or watch Video 3 in the demo series for tips directly from Maya.
7. Share and display your Alphabet Pages!

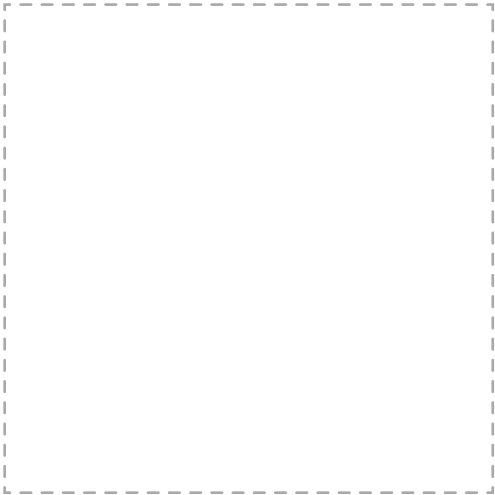


TAKE IT FURTHER:



- » *They, She, He easy as ABC* Coloring/Practice Pages
- Kids can practice writing They or using a name for a pronoun with coloring pages of Ebony and Fawn: www.genderwheel.com/abc-coloring
- » *Call Me Tree* Reader's Guide
- explore more about Tree as a personal reference and the book, *Call Me Tree/Llámame árbol*: www.genderwheel.com/tree-guide
- » Playing with Pronouns Educational & Game Cards
- educational card deck designed to expand gender while learning and playing games: www.playingwithpronouns.com





First Letter of your Name Here

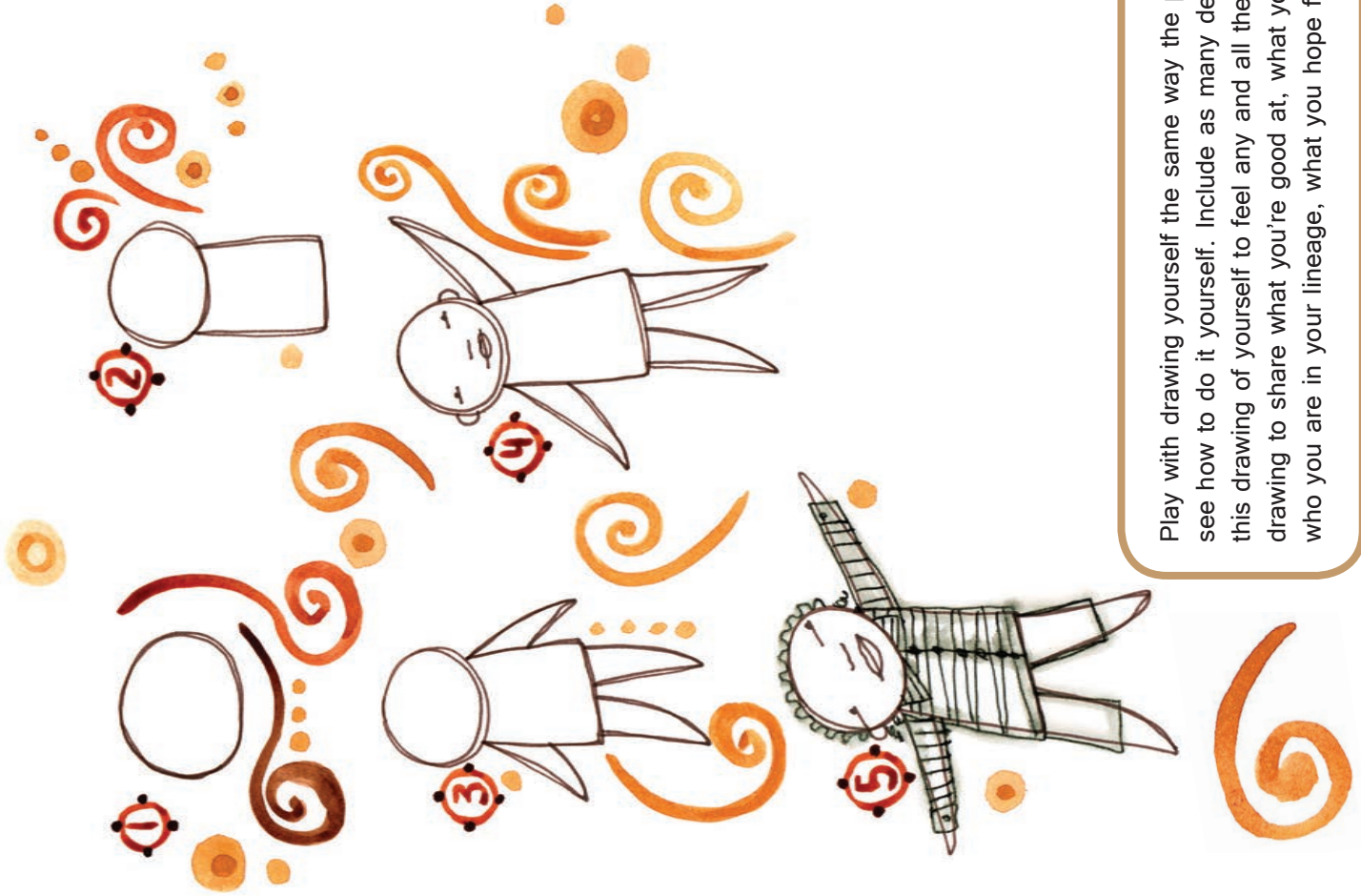
create your own Alphabet Page!

Now it's your turn! Show us your dance moves and create your own rhyme!
(Visit GENDERWHEEL.COM/ABC-DEMO for a how-to video series with the author/illustrator)

Activity page for *They, She, He easy as ABC* | www.reflectionpress.com | www.genderwheel.com



Draw Yourself!



Play with drawing yourself the same way the people in the book are drawn. Here is each step slowed down so you can see how to do it yourself. Include as many details about yourself as possible. Make it feel like you. In fact you can use this drawing of yourself to feel any and all the ways you feel. Angry, sad, scared, happy, more... You can also use this drawing to share what you're good at, what you want to learn, what you already know, what your ancestors endured and who you are in your lineage, what you hope for future kids, and more!