

LET'S SEW!

PLAYMAT SEWING INSTRUCTIONS



Playing with
PRONOUNS

Materials Needed:

- ONE YARD of Playmat Cloth
- Sewing Machine & Thread
(recommend a blue thread to match the cloth but this is up to you)
- Scissors
- iron (optional)

Time & Costs:

- 30 mins - 1 hour
- approx. \$30-\$32

Don't Sew?

- you can also finish edges quickly with a colored duct tape



THANK YOU for supporting our indie press and purchasing playmat cloth for our *Playing with Pronouns* educational card deck. If you have a card deck already you can jump right into play once your playmat is complete. You can also purchase a card deck at www.playingwithpronouns.com.

STEP BY STEP DIRECTIONS

» Step 1:

if you haven't already, order your playmat cloth via Spoonflower. We recommend the Lightweight Cotton Twill.
→ www.genderwheel.com/order-fabric

» Step 2:

If necessary, iron the playmat before sewing to remove any wrinkles from the shipping process. **Use a standard setting for cotton and cover playmat fabric with a light cloth before ironing; also avoid spraying fabric with a water bottle.

» Step 3:

Trim any white edges from fabric. Edges should all be blue.

» Step 4:

Fold the playmat in half at the light black line in the center of the playmat. You may notice that due to the nature of cloth, the edges may not completely line up, this can be adjusted for when sewing.

» Step 5:

Fold edges in about quarter to half inch and hem with sewing machine. Double-check as you go that you are not getting too close to any of the playmat circles on the front or back. Finished dimensions will be about 28x34 inches.



TRIM ALL WHITE EDGES FROM CLOTH



FOLD IN HALF, TURN IN EDGES & HEM



DON'T SEW? FINISH EDGES WITH DUCT TAPE!



The Gender Wheel®

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LET'S PLAY!



IMAGE A: PLAYMAT FRONT - LEARNING ALPHABET



IMAGE B: PLAYMAT BACK - SORTING GAMES



IMAGE C: PLAYMAT BACK - MEMORY GAMES

the **PLAYMAT** offers extra structure to the games with multiple ways to engage.

- **The FRONT side is great for learning the Alphabet and simple Matching & Sorting.** Pronoun Kid cards can be matched to their corresponding image on the mat in alphabetical order (IMAGE A). Sorting cards can also be placed in the corners and the Pronoun Kids turned over based on the card.
- **The BACK is great for Sorting, Organizing and Memory games.** Sorting cards can be placed along the top with kid cards underneath. For example, placing all the *Hair* cards along the top and organizing the Pronoun Kids accordingly (IMAGE B). The back also offers a structured way to layout all the cards with Pronoun side face up to do Game #4 Alphabet Match as a Memory Game (IMAGE C).
- **Use with our children's books & posters for even more play!** See the "Story about Pronouns" video on our website that uses the card deck to animate some of the back material from one of our books.

GET TO KNOW THE PRONOUN KIDS



→ www.genderwheel.com/story-about-pronouns

MORE RESOURCES can be found on our website:

- Learn ways to play with pronouns in books to create new inclusive stories:
→ www.genderwheel.com/playing-with-pronouns-in-books
- Book reading of *Call Me Tree & They She He Me: Free to Be!*
→ www.genderwheel.com/tree-reading
- The Gender Wheel Curriculum Pronoun Protocol:
→ www.genderwheel.com/pronoun-protocol
- More Game Ideas & How-To videos:
→ www.playingwithpronouns.com
- 10 Tips for Gender Inclusion:
→ www.genderwheel.com/10tips
- Coloring Pages & Downloads:
→ www.genderwheel.com/downloads
- More from our Indie Press:
→ www.reflectionpress.com

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CARE INSTRUCTIONS for Playmat (per Spoonflower):

- Wash with a phosphate-free detergent* in cool or warm water using a gentle or delicate machine cycle. Wash separately or with like colors for best results. Some fading may occur when washing. Front loading washers can contribute to fading due to increased tumbling action. Fading can be minimized through the use of cool water & gentle wash cycles.
- Tumble dry on a low temperature, gentle setting and remove promptly or lay flat to dry. ***Note if you finish with duct tape, you may want to handwash and lay flat to dry.
- If you want to iron the playmat, we recommend a standard setting for cotton and covering playmat with a light cloth before ironing; also avoid spraying fabric with a water bottle.

*note: most detergents in the US are phosphate-free but good to double-check